



Disclaimer

My decision to take the Perfect Health course and attend the Ayurvedic and Yoga Retreat is a personal decision. I have not been made any promises or warranties that I will receive any benefits or specific results.

I understand that the Perfect Health course is not a substitute for treatments or services ordinarily provided by health care professionals for physiological or psychological complaints. I also agree that should I require medical advice, I will obtain such advice and any subsequent treatment at my own expense.

I understand that the retreat will involve light physical activity including yoga and certain breathing exercises. I agree to participate only within my range of physical comfort. I release the Chopra Center, LLC and all its instructors, specifically Christine Cronin, Belinda Macri, and Andrew Kelley from any liability for injuries occurring now or in the future, during or after my participation in these exercises.

I further understand that any instruction given to me during the retreat is for me personally and may not be appropriate instruction for others. I have read and understand this agreement and intend to be legally bound by it. My signature below constitutes my acceptance of the conditions expressed in the agreement.

Name (please print) _____

Signature _____

Date _____

